

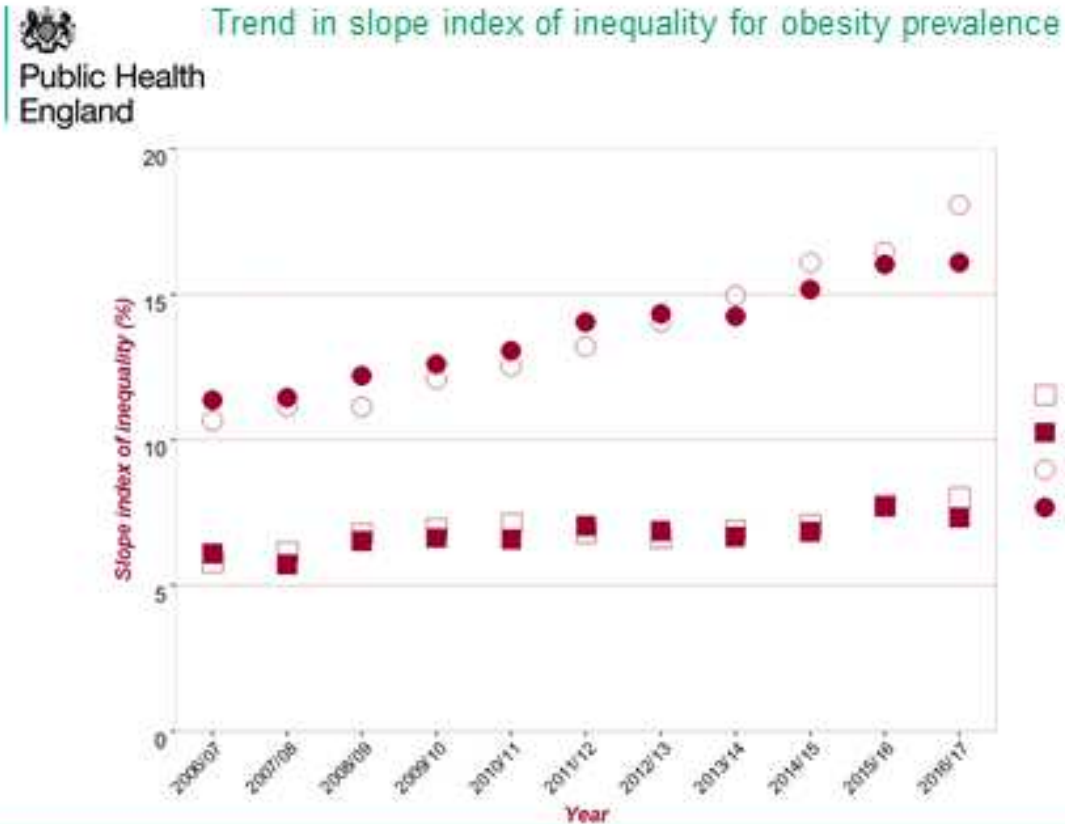


Hampshire
County Council

Hampshire Healthy Weight Strategy – Update

Dr Sallie Bacon, Director of Public Health
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Key messages - trends



Key messages - causes



Translating the causes into action

Supporting an environment that enables people to make physical activity and healthy eating the easy choice

Encourage positive lifestyle changes that enable people to improve their health and have a healthy weight

Enable access to evidence based interventions for people who are already overweight and obese



What next?

